

Objectives K-2

- 1.K-2.4 Kick a stationary ball
- 1.K-2.5 Dribble objects with the hand in a closed or open environment
- 1.1-2.3 Strike an object using different body parts
- 1.1-2.4 Kick a ball for force using a backswing with the kicking leg and non-kicking leg stepping next to the ball with force
- 1.1-2.5 Dribble an object with hands and feet in a closed environment through personal and general space
- 1.2-2.3 Strike a variety of objects with the hand or an implement with purpose to control force/direction
- 1.2-2.4 Kick a rolled or moving ball with the laces of shoes
- 1.2-2.5 Dribble a ball with hands and feet using variations of controlled speed, direction, pathway and in relationship with objects
- 1.2-2.6 Roll a ball or object to a moving target or partner

Objectives 3-5

- 1.3-2.1 Throw overhand with force using appropriate critical elements
- 1.3-2.2 Catch a variety of objects in dynamic conditions using the critical elements
- 1.3-2.6 Send an object to a target using critical elements in a stable environment
- 4.3-1.2 Identify and follow equipment-specific safety rules
- 4.4-1.1 Exhibits responsible behavior in small sided game activities
- 1.4-2.1 Throw overhand with varying degrees of force using appropriate critical elements to reach different distances
- 1.4-2.2 Catch two-handed during a game or game-like situation using the critical elements
- 1.4-2.6 Send an object to a target using critical elements while varying space, distance, location and relationship to objects
- 1.5-2.1 Throw overhand to reach a medium-sized target with sufficient force using appropriate critical elements
- 4.5 1.1 Assesses adherence to rules, etiquette, and fair play of various games and activities 4.5-1.2 Model good sportsmanship to ensure safe play in team activities

Essential Questions K-2

Can I tap a ball with the inside of my foot to move it forward?

Can I dribble a ball while walking in general space?

Can I dribble a ball while controlling the ball and my body?

Essential Questions 3-5

Can I Throw overhand with force using appropriate critical elements

Can I Catch a variety of objects in dynamic conditions using the critical elements

Can I Send an object to a target using critical elements in a stable environment

Activities K-2

Teacher Says https://openphysed.org/wp-content/uploads/2015/10/P-01-03-FootSkills-Activities_01_TeacherSays.pdf

Driver's Test https://openphysed.org/wp-content/uploads/2015/10/P-01-03-FootSkills-Activities_02_DriversTest.pdf

Follow the Leader https://openphysed.org/wp-content/uploads/2015/10/P-01-03-FootSkills-Activities_03_FollowTheLeader.pdf

Activities 3-5

Spike Ball <https://www.youtube.com/watch?v=EjSahEHLGo>

Ramp Shot <https://www.tosso.com/blogs/news/how-to-play-ramp-shot>

Assessment K-2

Teacher Says

DOK 1: Thumbs up if you enjoyed Teacher Says. Can you recall other activities that you enjoyed playing with your friends or family? Can you identify the reasons that you enjoyed the activity?

DOK 2: Turn to your neighbor and take turns describing ready position. How would you compare the ready position we used today with ready position in other games or sports that you've played?

DOK 3: How is ready position related to being able to react quickly? How could we test that?

Drivers Test

DOK 1: What part of the foot did we use to tap the ball forward?

DOK 1: What sport uses foot dribbling? Why is it used?

DOK 2: How is foot dribbling similar to hand dribbling? How is it different?

DOK 2: What's the difference between general space and personal space?

Follow th Leader

DOK 1: How can you tell that your heart is working hard?

DOK 1: Can you identify things that people can do to keep their hearts and bodies healthy?

DOK 2: Can you explain how being active in class affected your heart rate?

DOK 3: How would you change this activity to make your heart rate beat even faster? Slower?

Assessment 3-5

DOK1: What does it mean to have an offensive advantage?

DOK 2: What skills and strategies help you gain an offensive advantage?

DOK 3: How is ball movement (passing) related to offensive advantage?

Rubric

E = Emerging	M = Maturing	A = Applying
Students participate in deliberate practice tasks that will lead to skill and knowledge acquisition	Students can demonstrate the critical elements of the motor skills and knowledge components of the grade-level expectations, which will continue to be refined with practice	Students can demonstrate the critical elements of the motor skills and knowledge components of the grade level expectations in a variety of physical activity environments